



Dr. Hong Yang

Will be in Albany, New York
September 19-20, 2025

Depth of the Yang-24 Forms Seminar

Dr. Yang is a family inheritor of Traditional Chinese Kungfu. Her unique combination of traditional training and modern academic insights offers a deepened understanding of Tai Chi principles. Join us for this exceptional opportunity to advance your knowledge from her practical and hands-on teaching.

Date: September 19-20, 2026

Time: 9AM – noon, 1:30PM – 4:30PM both days

Cost: \$385. \$360 Early Bird special. Payment must be received by September 9, 2026 to receive the Early Bird discount.

Location: College of St. Rose Athletic Center, 420 Western Avenue, Albany, NY 12203

For registration forms and payment options, please email Info@AsianArtsGrp.com or call 518-489-1458.